

# Saint Michael the Archangel Church

1703 Jackson St. Scranton, PA 18504

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## First Sunday of Lent

March 5, 2017

Fr. José Zepeda, FSSP, Pastor

### Mass Intentions

Sun. Mar. 5th	First Sunday of Lent, <i>I Class</i>
8:00 a.m.	† James H. Craig, Sr. - <i>F.O.S.S.</i>
10:15 a.m.	<i>Pro Populo</i>
Mon. Mar. 6th	Feria of Lent, <i>III Class</i>
7:45 a.m.	Marlin McFadden, Jr. & Family - <i>Anon.</i>
Tues. Mar. 7th	St. Thomas Aquinas, <i>Conf., Doc., Patron, II Class</i>
7:45 a.m.	Mary Rose Hanisch - <i>Her Parents</i>
Wed. Mar. 8th	Ember Wednesday, <i>II Class</i>
7:45 a.m.	Souls in Purgatory - <i>Skuba Family</i>
Thu. Mar. 9th	Feria of Lent, <i>III Class</i>
7:45 a.m.	Erik R. Helfrich - <i>Anon.</i>
Fri. Mar. 10th	Ember Friday, <i>II Class</i>
6:00 p.m.	† Walter Heisler - <i>Jerome Lackner</i>
Sat. Mar. 11th	Ember Saturday, <i>II Class</i>
9:00 a.m.	† George Emig - <i>Michael &amp; Nancy Emig</i>
Sun. Mar. 12th	Second Sunday of Lent, <i>I Class</i>
8:00 a.m.	† Margaret Toth - <i>Mr. &amp; Mrs. Gene DeAngelis</i>
10:15 a.m.	<i>Pro Populo</i>

### MASS SCHEDULE

#### Sunday

Low Mass: 8:00 am

High Mass: 10:15 am

#### Weekdays

Monday-Thursday: 7:45 am

Friday: 6:00 pm

Saturday: 9:00 am

### CONFESSIONS

Monday-Saturday

One half hour before Mass

Sunday: 7:15-7:50 am

& 9:15-10:05 am

### DEVOTIONS

#### Exposition-Benediction

Friday 5:00 pm

Saturdays 8:00 am

### DAILY ROSARY

Monday-Thursday - After Mass

Friday-Sunday - Before Mass

### OFFICE HOURS

Mon-Friday 9 am - 4 pm

**THURSDAY - CLOSED**

Saturday - 10 am - Noon

# First Sunday of Lent

## INTROIT

*Ps. 90, 15, 16*

He shall call upon Me, and I will hear him; I will deliver him, and glorify him; I will fill him with length of days. *Ps. 90, 1.* He that dwelleth in the aid of the Most High, shall abide under the protection of the God of heaven. *V.* Glory be ... He shall call upon Me...

## COLLECT

O God, Who dost purify Thy Church with the annual observance of Lent, grant to Thy household that what it strives to obtain from Thee by abstinence it may secure with good works. Through our Lord.

## EPISTLE

*2 Cor. 6, 1-10*

Brethren, we exhort you that you receive not the grace of God in vain. For He saith, In an accepted time have I heard thee, and in the day of salvation have I helped thee. Behold now is the acceptable time, behold now is the day of salvation. Giving no offense to any man, that our ministry be not blamed: but in all things let us exhibit ourselves as the ministers of God; in much patience, in tribulations, in necessities, in distresses, in stripes, in prisons, in seditions, in labors, in watchings, in fastings, in chastity, in knowledge, in long-suffering, in sweetness, in the Holy Ghost, in charity unfeigned, in the word of truth, in the power of God; by the armor of justice on the right hand and on the left, by honor and dishonor, by evil report, and good report; as deceivers, and yet true; as unknown, and yet known; as dying, and behold we live; as chastised, and not killed; as sorrowful, yet always rejoicing; as needy, yet enriching many; as having nothing, and possessing all things.

## GRADUAL

*Ps. 90, 11, 12*

God hath given His angels charge over thee, to keep thee in all thy ways. *V.* In their hands they shall bear thee up, lest thou dash thy foot against a stone.

## TRACT

*Ps. 90, 1-7, 11-16*

He that dwelleth in the aid of the Most High, shall abide under the protection of the God of heaven. *V.* He shall say to the Lord, Thou art my protector and my refuge: my God, in Him will I trust. *V.* For He hath delivered me from the snare of the hunters, and from the sharp word. *V.* He will overshadow thee with His shoulders, and under His wings thou shalt trust. *V.* His truth shall compass thee with a shield: thou shalt not be afraid of the terror of the night. *V.* Of the arrow that flieth in the day; of the business that walketh about in the dark: of ruin and the noonday devil. *V.* A thousand shall fall at thy side, and ten thousand at thy right hand: but it shall not come nigh to thee. *V.* For He hath given His angels charge over thee, to keep thee in all thy ways. *V.* In their hands they shall bear thee up, lest thou dash thy foot

against a stone. *V.* Thou shalt walk upon the asp and the basilisk, and thou shalt trample under foot the lion and the dragon. *V.* Because he hath hoped in Me, I will deliver him; I will protect him, because he hath known My name. *V.* He shall call upon me, and I will hear him: I am with him in tribulation. *V.* I will deliver him, and I will glorify him; I will fill him with length of days, and I will show him My salvation.

## GOSPEL

*Matt. 4, 1-11*

At that time, Jesus was led by the Spirit into the desert, to be tempted by the devil. And when He had fasted forty days and forty nights, afterwards He was hungry. And the tempter coming said to Him, If Thou be the Son of God, command that these stones be made bread. Who answered and said: It is written, Not in bread alone doth man live, but in every word that proceedeth from the mouth of God. Then the devil took Him up into the holy city, and set Him upon the pinnacle of the temple, and said to Him, If Thou be the Son of God, cast Thyself down: for it is written, That He hath given His angels charge over Thee, and in their hands shall they bear Thee up, lest perhaps Thou dash Thy foot against a stone. Jesus said to Him, It is written again, Thou shalt not tempt the Lord thy God. Again the devil took Him up into a very high mountain; and showed Him all the kingdoms of the world, and the glory of them; and said to Him, All these will I give Thee, if falling down Thou wilt adore me. Then Jesus said to him, Be gone, Satan, for it is written, The Lord thy God shalt thou adore, and Him only shalt thou serve. Then the devil left Him; and behold angels came, and ministered to Him.

## OFFERTORY

*Ps. 90, 4, 5*

The Lord, will overshadow thee with His shoulders, and under His wings thou shalt trust: His truth shall compass thee with a shield.

## SECRET

We solemnly offer the sacrifice at the beginning of Lent, beseeching Thee, O Lord, that, while we restrict ourselves in the use of bodily food, we may also refrain from indulgence in harmful pleasures. Through our Lord.

## COMMUNION

*Ps. 90, 4, 5*

The Lord will overshadow thee with His shoulders, and under His wings thou shalt trust: His truth shall compass thee with a shield.

## POSTCOMMUNION

May the holy partaking of Thy sacrament strengthen us, O Lord, and purify us from the old life, and make us sharers in the mystery of salvation. Through our Lord.

## Introduction to the Devout Life (Cont'd)

### Concerning Dryness in Meditation

*Part II, Chapter 9*

Should it happen sometimes, my child, that you have no taste for or consolation in your meditation, I entreat you not to be troubled, but seek relief in vocal prayer, bemoan yourself to our Lord, confess your unworthiness, implore His Aid, kiss His Image, if it be beside you, and say in the words of Jacob, "I will not let Thee go, except Thou bless me;" or with the Canaanite woman, "Yes, Lord, I am as a dog before Thee, but the dogs eat of the crumbs which fall from their master's table."

Or you can take a book, and read attentively till such time as your mind is calmed and quickened; or sometimes you may find help from external actions, such as prostrating yourself folding your hands upon your breast, kissing your Crucifix,--that is, supposing you are alone. But if, after all this, you are still unrelieved, do not be disturbed at your dryness, however great it be, but continue striving after a devout attitude in God's Sight. What numbers of courtiers appear a hundred times at court without any hope of a word from their king, but merely to pay their homage and be seen of him. Just so, my child, we ought to enter upon mental prayer purely to fulfil our duty and testify our loyalty. If it pleases God's Divine Majesty to speak to us, and discourse in our hearts by His Holy Inspirations and inward consolations, it is doubtless a great honour, and very sweet to our soul; but if He does not vouchsafe such favours, but makes as though He saw us not,--as though we were not in His Presence,--nevertheless we must not quit it, but on the contrary we must remain calmly and devoutly before Him, and He is certain to accept our patient waiting, and give heed to our assiduity and perseverance; so that another time He will impart to us His consolations, and let us taste all the sweetness of holy meditation. But even were it not so, let us, my child, be satisfied with the privilege of being in His Presence and seen of Him.

### Morning Prayer

*Part II, Chapter 10*

Besides your systematic meditation and your other vocal prayers, there are five shorter kinds of prayer, which are as aids and assistants to the great devotion, and foremost among these is your morning prayer, as a general preparation for all the day's work. It should be made in this wise.

1. Thank God, and adore Him for His Grace which has kept you safely through the night, and if in anything you have offended against Him, ask forgiveness.
2. Call to mind that the day now beginning is given you in order that you may work for Eternity, and make a steadfast resolution to use this day for that end.
3. Consider beforehand what occupations, duties and occasions are likely this day to enable you to serve God; what temptations to offend Him, either by vanity, anger, etc., may arise; and make a fervent resolution to use all means of serving Him and confirming your own piety; as also to avoid and resist whatever might hinder your salvation and God's Glory. Nor is it enough to make such a resolution,--you must also prepare to carry it into effect. Thus, if you foresee having to meet some one who is hot-tempered and irritable, you must not merely resolve to guard your own temper, but you must consider by what gentle words to conciliate him. If you know you will see some sick person, consider how best to minister comfort to him, and so on.
4. Next, humble yourself before God, confessing that of yourself you could carry out nothing that you have planned, either in avoiding evil or seeking good. Then, so to say, take your heart in your hands, and offer it and all your good intentions to God's Gracious Majesty, entreating Him to accept them, and strengthen you in His Service, which you may do in some such words as these: "Lord, I lay before Thee my weak heart, which Thou dost fill with good desires. Thou knowest that I am unable to bring the same to good effect, unless Thou dost bless and prosper them, and therefore, O Loving Father, I entreat of Thee to help me by the Merits and Passion of Thy Dear Son, to Whose Honour I would devote this day and my whole life."

All these acts should be made briefly and heartily, before you leave your room if possible, so that all the coming work of the day may be prospered with God's blessing; but anyhow, my child, I entreat you never to omit them.

St. Francis de Sales

**ST. MICHAEL TALENT SHOW:** The 2017 Talent Show was another HUGE success! Special thanks to Mrs. Terry Zuranski and the awesome St. Michael ‘talent’ who made us smile and totally enjoy this yearly event. May God reward you!

**FR. ZEPEDA** will be away on vacation from Wednesday, March 8th through Thursday, March 23rd. Fr. Harkins will cover the masses through Sunday, March 19th. There will be **no masses** from Monday, March 20th, through Thursday March 23rd.

**STATIONS OF THE CROSS** are held on every Friday at 5:15 p.m. during Lent. Mass is at 6:00 p.m. with the Holy Rosary following the Mass. **Confessions will be heard from 4:30 - 4:55 p.m.**

**ADORATION:** In lieu of the Stations of the Cross each Friday during Lent, there will be no Adoration of the Blessed Sacrament until Lent is passed.

**FR. GERARD SAGUTO FSSP:** Will give his next class on Wednesday, March 15th at 7:00 p.m. The topic will be **“Observations and Comments on**

**the Creed.”** Instruction on how to present the faith and counter modern criticism will be covered. Everyone is welcome!

**PLENARY INDULGENCE:** On each of the Fridays of Lent, a plenary indulgence is granted to the faithful who, after Communion, recite the “Prayer Before a Crucifix” before an image of the Christ crucified.

**Prayer Before a Crucifix**

Look down upon me, good and gentle Jesus while before Thy face I humbly kneel and, with burning soul, pray and beseech Thee to fix deep in my heart lively sentiments of faith, hope, and charity; true contrition for my sins; and a firm purpose of amendment; while I contemplate with great love and tender pity Thy five most precious wounds, pondering over them within me while I call to mind the words which David Thy prophet said of Thee, my Jesus: “They have pierced My hands and My feet, they have numbered all My bones.” Amen.

## *Altar Boy Schedule*

**FIRST SUNDAY OF LENT**

**March 5th**  
**8:00 a.m. Mass**

**ACI** Dominic Gardner  
**AC2** Jack Gardner

**TEAM B**

**MC** Francis LaFata  
**TH** Stephen LaFata  
**AC1** John Skuba  
**AC2** Sean Michelin  
**C** Brian LaFata  
**S1** Patrick Schneider  
**S2** Joseph Skuba

**WEEK THREE**

**Monday** Patrick Schneider  
**7:45 a.m.**

**Tuesday**  
**7:45 a.m.**

**Wednesday** Jack Gardner  
**7:45 a.m.** Michael Gardner

**Thursday** Sean Michelin  
**7:45 a.m.**

**SECOND SUNDAY OF LENT**

**March 12th**  
**8:00 a.m. Mass**

**ACI** Patrick Schneider  
**AC2** Mathias Morris

**TEAM C**

**MC** Dominic Gardner  
**TH** Patrick Seeley  
**AC1** Joseph Seeley  
**AC2** Brendan Seeley  
**C** Jack Gardner  
**S1** Michael Gardner  
**S2** Sean Michelin