

# Saint Michael the Archangel Church

1703 Jackson St. Scranton, PA 18504

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Sacramental Emergencies: 570-780-0910

## Septuagesima Sunday

February 12, 2017

Fr. José Zepeda, FSSP, Pastor

### Mass Intentions

Sun. Feb. 12th	Septuagesima Sunday, <i>Class II</i>
8:00 a.m.	Special Int. Jerome R. Lackner - <i>Jerome Lackner</i>
10:15 a.m.	<i>Pro Populo</i>
Mon. Feb. 13th	Votive Mass of the Holy Trinity, <i>IV Class</i>
7:45 a.m.	Marie-Louise Audovin
Tues. Feb. 14th	St. Valentine, <i>Priest &amp; Martyr, IV Class</i>
7:45 a.m.	Jerry Brizek - <i>Mitchell Family</i>
Wed. Feb. 15th	St. Faustinus & Jovita, <i>Martyrs, IV Class</i>
7:45 a.m.	Souls in Purgatory
Thu. Feb. 16th	Votive Mass of Jesus Christ Eternal High Priest
7:45 a.m.	Living/Dec's Doggett & Gristina Families
Fri. Feb. 17th	Votive Mass of the Holy Cross, <i>IV Class</i>
6:00 p.m.	Seeley Family
Sat. Feb. 18th	Saturday of Our Lady, <i>IV Class</i>
9:00 a.m.	Neely Holden - <i>His Mother</i>
Sun. Feb. 19th	Sexagesima Sunday, <i>Class II</i>
8:00 a.m.	† Romaine DeAngelis - <i>Mr. &amp; Mrs. Gene DeAngelis</i>
10:15 a.m.	<i>Pro Populo</i>

### MASS SCHEDULE

#### Sunday

Low Mass: 8:00 am

High Mass: 10:15 am

#### Weekdays

Monday-Thursday: 7:45 am

Friday: 6:00 pm

Saturday: 9:00 am

### CONFESSIONS

Monday-Saturday

One half hour before Mass

Sunday: 7:15-7:50 am

& 9:15-10:05 am

### DEVOTIONS

#### **Exposition-Benediction**

Friday 5:00 pm

Saturdays 8:00 am

### DAILY ROSARY

Monday-Thursday - After Mass

Friday-Sunday - Before Mass

### OFFICE HOURS

Mon-Friday 9 am - 4 pm

**THURSDAY - CLOSED**

Saturday - 10 am - Noon

# Septuagesima Sunday

## INTROIT ANTIPHON

*Ps. 17: 5-7*

The sorrows of death surrounded me; the sorrows of hell encompassed me. In my affliction I called upon the Lord, and He heard my voice from His holy Temple. (*Ps. 17: 2-3*) I will love Thee, O Lord, my strength: the Lord is my firmament, my refuge, and my deliverer. {V} Glory be.

## COLLECT

Graciously hear, we beseech Thee, O Lord, the prayers of Thy people, that we who are justly afflicted for our sins, may be mercifully delivered by Thy goodness, for the glory of Thy name. Through our Lord.

## EPISTLE

*1 Cor. 9: 24-27; 10: 1-5*

Brethren: Know you not that they that run in the race, all run indeed, but one receiveth the prize? So run that you may obtain. And every one that striveth for the mastery refraineth himself from all things: and they indeed that they may receive a corruptible crown; but we an incorruptible one. I, therefore, so run not as at an uncertainty; I so fight, not as one beating the air; but I chastise my body and bring it into subjection, lest perhaps when I have preached to others I myself should become a cast-away. For I would not have you ignorant, brethren, that our fathers were all under the cloud, and all passed through the sea, and all in Moses were baptized, in the cloud and in the sea: and did all eat the same spiritual food, and all drank the same spiritual drink: (and they drank of the spiritual rock that followed them: and the rock was Christ). But with most of them God was not well pleased.

## GRADUAL

*Ps. 9: 10-11, 19-20*

A helper in due time in tribulation: let them trust in Thee who know Thee; for Thou hast not forsaken them that seek Thee, O Lord. {V} For the poor man shall not be forgotten to the end. The patience of the poor shall not perish for ever. Arise, O Lord, let no man prevail.

## TRACT

*Ps. 129: 1-4*

Out of the depths I have cried to Thee, O Lord; Lord, hear my voice. {V} Let Thine ears be attentive to the prayer of Thy servant. {V} If Thou, O Lord, wilt mark iniquities, O Lord, who shall abide it? {V} For with Thee there is merciful forgiveness, and by reason of Thy law I have waited for Thee, O Lord.

## GOSPEL

*St. Matthew 20: 1-16*

At that time, Jesus spoke to His disciples this parable: The

kingdom of heaven is like a householder who went out early in the morning to hire laborers into his vineyard. And having agreed with the laborers for a penny a day, he sent them into his vineyard. And going out about the third hour, he saw others standing in the market place idle; and he said to them: Go you also into my vineyard, and I will give you what shall be just. And they went their way. And again he went out about the sixth and the ninth hour, and did in like manner. But about the eleventh hour he went out and found others standing, and he saith to them: Why stand you here all the day idle? They say to him: Because no man hath hired us. He saith to them: Go you also into my vineyard. And when evening was come, the lord of the vineyard saith to his steward: Call the laborers, and pay them their hire, beginning from the last even to the first. When therefore they were come that came about the eleventh hour, they received every man a penny. But when the first also came, they thought that they should receive more; and they also received every man a penny. And receiving it they murmured against the master of the house, saying: These last have worked but one hour, and thou hast made them equal to us that have born the burden of the day and the heats. But he answering said to one of them: Friend, I do thee no wrong: didst thou not agree with me for a penny? Take what is thine and go thy way: I will also give to this last even as to thee. Or, is it not lawful for me to do what I will? Is thy eye evil, because I am good? So shall the last be first, and the first last. For many are called, but few chosen.

## OFFERTORY

*Ps. 91: 2*

It is good to give praise to the Lord, and to sing to Thy name, O Most High.

## SECRET

Having received our offerings and prayers, we beseech Thee, O Lord, cleanse us by these heavenly mysteries, and graciously hear us. Through our Lord.

## COMMUNION ANTIPHON

*Ps. 30: 17-18*

Make Thy face to shine upon Thy servant; and save me in Thy mercy. Let me not be confounded, O Lord, for I have called upon Thee.

## POSTCOMMUNION

May Thy faithful people, O Lord, be strengthened by Thy gifts; that by partaking of them, they may continue to seek after them, and by seeking them, constantly partake of them. Through our Lord.

## Introduction to the Devout Life (Cont'd)

### Considerations, the Second Part of Meditation

*Part II, Chapter 5*

After this exercise of the imagination, we come to that of the understanding: for meditations, properly so called, are certain considerations by which we raise the affections to God and heavenly things. Now meditation differs therein from study and ordinary methods of thought which have not the Love of God or growth in holiness for their object, but some other end, such as the acquisition of learning or power of argument. So, when you have, as I said, limited the efforts of your mind within due bounds,--whether by the imagination, if the subject be material, or by propositions, if it be a spiritual subject,--you will begin to form reflections or considerations after the pattern of the meditations I have already sketched for you. And if your mind finds sufficient matter, light and fruit wherein to rest in any one consideration, dwell upon it, even as the bee, which hovers over one flower so long as it affords honey. But if you do not find wherewith to feed your mind, after a certain reasonable effort, then go on to another consideration,--only be quiet and simple, and do not be eager or hurried.

### The Third Part of Meditation, Affections and Resolutions

*Part II, Chapter 6*

Meditation excites good desires in the will, or sensitive part of the soul,--such as love of God and of our neighbour, a craving for the glory of Paradise, zeal for the salvation of others, imitation of our Lord's Example, compassion, thanksgiving, fear of God's wrath and of judgment, hatred of sin, trust in God's Goodness and Mercy, shame for our past life; and in all such affections you should pour out your soul as much as possible. If you want help in this, turn to some simple book of devotions, the Imitation of Christ, the Spiritual Combat, or whatever you find most helpful to your individual wants.

But, my child, you must not stop short in general affections, without turning them into special resolutions for your own correction and amendment. For instance, meditating on Our Dear Lord's First Word from the Cross, you will no doubt be roused to the desire of imitating Him in forgiving and loving your enemies. But that is not enough, unless you bring it to some practical resolution, such as, "I will not be angered any more by the annoying things said of me by such or such a neighbour, nor by the slights offered me by such an one; but rather I will do such and such things in order to soften and conciliate them." In this way, my child, you will soon correct your faults, whereas mere general resolutions would take but a slow and uncertain effect.

St. Francis de Sales

**SAINT MICHAEL THE ARCHANGEL PARISH** extends a warm welcome to all visitors and new parishioners in the parish.

**FEAST OF THE CHAIR OF ST. PETER:** February 22, Feast of the First Class in the FSSP, by concession of the Holy See on July 7, 2010. A Plenary indulgence is granted for all members of the Priestly Fraternity of St. Peter.

**CONFRATERNITY INDULGENCES:** By decree of the Sacred Apostolic Penitentiary, dated June 7, 2008, a plenary indulgence is also granted at the usual conditions to the members of the Confraternity of St. Peter a) the day of their admission; b) the day of the feast of the Chair of St. Peter and c) the day of the feast of Sts. Peter and Paul.

**PARISH GAME NIGHT AND POT LUCK:** Friday, February 17th following the 6:00pm Mass. Bring a dish to pass and a game to play. This event is sponsored by Juventutem and age is 16 and up. Sign up sheet in the vestibule.

**TALENT SHOW:** The 2017 Talent Show is scheduled for Sunday, February 26th, after the 10:15 Mass. This year's theme is "**Around the World.**" A sign-up sheet can be found on the table in the church vestibule. Pizzas will be provided, but parishioners are asked to bring finger-food side dishes and desserts. Please contact Terry Zuranski (570-677-6845 or ajzuranski@gmail.com) if you have any questions. The deadline to sign up for an act is Sunday, February 19th.

**DEVOTIONAL AND LITURGICAL PRACTICES:** The 17-day period beginning on **Septuagesima** Sunday was intended to be observed as a preparation for **the season** of Lent, which is itself a period of spiritual preparation (for Easter).

**Mark Your Calendar**

Ash Wednesday is March 1st  
Easter Sunday April 16th

*Altar Boy Schedule*

**SEPTUAGESIMA SUNDAY**

**February 12th**  
**8:00 a.m. Mass**

**ACI** Patrick Schneider  
**AC2** Mathias Morris

**TEAM C**

**MC** Dominic Gardner  
**TH** Patrick Seeley  
**AC1** Joseph Seeley  
**AC2** Brendan Seeley  
**C** Jack Gardner  
**S1** Michael Gardner  
**S2** Sean Michelin

**WEEK THREE**

**Monday** Patrick Schneider  
**7:45 a.m.**

**Tuesday**  
**7:45 a.m.**

**Wednesday** Jack Gardner  
**7:45 a.m.** Michael Gardner

**Thursday** Sean Michelin  
**7:45 a.m.**

**SEXAGESIMA SUNDAY**

**February 19th**  
**8:00 a.m. Mass**

**ACI** Francis LaFata  
**AC2** Stephen LaFata

**TEAM D**

**MC** Josh Sica  
**TH** Tim Sica  
**AC1** Andrew Pheasant  
**AC2** Matt Gillenkirk  
**C** Michael Gardner  
**S1** Jack Gardner  
**S2**

# Church Laws of Days of Abstinence, Fast and Penance

## Current Practice

### *Laws of Days of Abstinence*

- Begins on one's 14th birthday.
- Ash Wednesday and the Fridays of Lent.
- Obliges abstention from flesh meat.

### *Laws of Days of Fast*

- Applies to everyone aged 18 to 59, inclusive.
- One full meal permitted and two other meals may be taken which, when combined, are less than a full meal.
- Ash Wednesday and Good Friday.

### *The Law of the Eucharistic Fast*

Under the New Code of Canon Law, the Fast for Holy Communion is one hour before the reception of the Holy Eucharist. Those who are able to maintain the previous discipline of the three-hour fast are still encouraged to do so.

### *Laws of Days of Penance*

- Applies to all the Faithful.
- Lent and Fridays outside of Lent.

## The Discipline of 1962

### *Laws of Days of Abstinence*

- Applies on one's 7th birthday.
- Complete Abstinence: all Fridays of the year, Ash Wednesday, Holy Saturday, and the Vigil of Christmas.
- Partial Abstinence (meat and soup or gravy made from meat permitted once a day at the principal meal): all the days of Lent, the Ember Days of Wednesday and Saturday, and the Vigils of Pentecost and the Assumption.
- Abstinence from meat is dispensed on Holy Days of Obligation.

### *Laws of Fast*

- Applies for those aged 21 to 59, inclusive.
- Days of Lent from Ash Wednesday inclusive, Ember Days, and Vigils of Christmas, Pentecost, and the Assumption.
- One full meal permitted and two other meals may be taken *which*, when combined, are less than a full meal.

### *The Law of the Eucharistic Fast*

The complete fast from all food and drink (except water or medicine) for three hours before the reception of Holy Communion. Those who are able to maintain the midnight fast, *which* was the previous discipline, are still encouraged to do so.