

# Saint Michael the Archangel Church

1703 Jackson St. Scranton, PA 18504

Rectory: 570-961-1205 Fax: 570-961-2284

Sacramental Emergencies: 570-780-0910

## Fourth Sunday after Epiphany

January 29, 2017

Fr. José Zepeda, FSSP, Pastor

### Mass Intentions

Sun. Jan. 29th	Fourth Sunday after Epiphany, <i>Class II</i>
8:00 a.m.	† Andrew Toth - <i>Mr. &amp; Mrs. Gene DeAngelis</i>
10:15 a.m.	<i>Pro Populo</i>
Mon. Jan. 30th	St. Martina, <i>Virgin &amp; Martyr, III Class</i>
7:45 a.m.	Joseph G. Lackner - <i>Jerome Lackner</i>
Tues. Jan. 31st	St. John Bosco, <i>Confessor, III Class</i>
7:45 a.m.	Living/Dec'd Doggett & Gristina Families
Wed. Feb. 1st	St. Ignatius of Antioch, <i>Bishop &amp; Martyr, III Class</i>
7:45 a.m.	Brendan Willoughby - <i>Brian &amp; Gina Palmiter</i>
Thu. Feb. 2nd	Purification of Blessed Virgin Mary, <i>II Class</i>
7:45 a.m.	In Honor of Our Lady - <i>Mary Seeley</i>
Fri. Feb. 3rd	Sacred Heart of Jesus, <i>III Class</i>
6:00 p.m.	Seeley Godchildren - Robert & Mary Seeley
Sat. Feb. 4th	Immaculate of Heart of Mary, <i>III Class</i>
9:00 a.m.	Theresa McWhirter - <i>Mitchell Family</i>
Sun. Feb. 5th	Fifth Sunday after Epiphany, <i>Class II</i>
8:00 a.m.	Nello Scatena - <i>David &amp; Karen Scatena</i>
10:15 a.m.	<i>Pro Populo</i>

### MASS SCHEDULE

#### Sunday

Low Mass: 8:00 am

High Mass: 10:15 am

#### Weekdays

Monday-Thursday: 7:45 am

Friday: 6:00 pm

Saturday: 9:00 am

### CONFESSIONS

Monday-Saturday

One half hour before Mass

Sunday: 7:15-7:50 am

& 9:15-10:05 am

### DEVOTIONS

#### Exposition-Benediction

Friday 5:00 pm

Saturdays 8:00 am

### DAILY ROSARY

Monday-Thursday - After Mass

Friday-Sunday - Before Mass

### OFFICE HOURS

Mon-Friday 9 am - 4 pm

**THURSDAY - CLOSED**

Saturday - 10 am - Noon

# Fourth Sunday after Epiphany

## **INTROIT**

*Ps. 96, 7, 8*

Adore God, all you His angels: Sion heard, and was glad; and the daughters of Juda rejoiced. The Lord hath reigned; let the earth rejoice: let many islands be glad. *V.* Glory...

## **COLLECT**

O God, Who knowest that we are beset by perils so great as to be unendurable because of our human frailty, grant us health of mind and body, so that by Thine assistance we may conquer the things with which we are afflicted because of our sins. Through our Lord.

## **EPISTLE**

*Rom 13, 8-10*

Brethren, owe no man any thing, but to love one another; for he that loveth his neighbor hath fulfilled the law. For thou shalt not commit adultery, thou shalt not kill, thou shalt not steal, thou shalt not bear false witness, thou shalt not covet, and if there be any other commandment, it is comprised in this word, thou shalt love thy neighbor as thyself. The love of our neighbor worketh no evil. Love, therefore, is the fulfilling of the law.

## **GRADUAL**

*Ps. 101, 16, 17*

The Gentiles shall fear Thy name, O Lord, and all the king of the earth Thy glory. *V.* For the Lord hath built up Sion, and He shall be seen in His majesty.

## **ALLELUIA**

Alleluia, alleluia. The Lord hath reigned, let the earth rejoice: let many islands be glad. Alleluia.

## **GOSPEL**

*Matt. 8, 23-27*

At that time, when Jesus entered into the ship, His disciples followed Him. And behold a great tempest arose in the sea, so that the ship was covered with waves, but He was asleep. And they came to Him and awaked Him, saying, Lord, save us, we perish. And Jesus saith to them, Why are ye fearful, O ye of little

faith? Then rising up, He commanded the winds and the sea, and there came a great calm. But the men wondered, saying, What manner of man is this, for the winds and the sea obey Him?

## **OFFERTORY**

*Ps. 117, 16, 17*

The right hand of the Lord hath wrought strength, the right hand of the Lord hath exalted me: I shall not die, but live, and shall declare the works of the Lord.

## **SECRET**

Grant, we beseech Thee, almighty God, that this sacrifice offered to Thee, may purge us of all evil and fortify our weak nature. Through our Lord...

## **COMMUNION**

*Luke 4, 22*

They all wondered at these things, which proceeded from the mouth of God.

## **POSTCOMMUNION**

May Thy gifts, O God, free us from the allurements of earthly things, and ever restore us with heavenly nourishment. Through our Lord...



## Introduction to the Devout Life (Cont'd)

### A Short Method of Meditation, and First, the Presence of God, the First Point of Preparation

#### *Part II, Chapter 2*

It may be, my child, that you do not know how to practice mental prayer, for unfortunately it is a thing much neglected now-adays. I will therefore give you a short and easy method for using it, until such time as you may read sundry books written on the subject, and above all till practice teaches you how to use it more perfectly. And first of all, the Preparation, which consists of two points: first, placing yourself in the Presence of God; and second, asking His Aid. And in order to place your self in the Presence of God, I will suggest four chief considerations which you can use at first.

First, a lively earnest realisation that His Presence is universal; that is to say, that He is everywhere, and in all, and that there is no place, nothing in the world, devoid of His Most Holy Presence, so that, even as birds on the wing meet the air continually, we, let us go where we will, meet with that Presence always and everywhere. It is a truth which all are ready to grant, but all are not equally alive to its importance. A blind man when in the presence of his prince will preserve a reverential demeanour if told that the king is there, although unable to see him; but practically, what men do not see they easily forget, and so readily lapse into carelessness and irreverence. Just so, my child, we do not see our God, and although faith warns us that He is present, not beholding Him with our mortal eyes, we are too apt to forget Him, and act as though He were afar: for, while knowing perfectly that He is everywhere, if we do not think about it, it is much as though we knew it not. And therefore, before beginning to pray, it is needful always to rouse the soul to a steadfast remembrance and thought of the Presence of God. This is what David meant when he exclaimed, "If I climb up to Heaven, Thou art there, and if I go down to hell, Thou art there also!" And in like manner Jacob, who, beholding the ladder which went up to Heaven, cried out, "Surely the Lord is in this place and I

knew it not" meaning thereby that he had not thought of it; for assuredly he could not fail to know that God was everywhere and in all things. Therefore, when you make ready to pray, you must say with your whole heart, "God is indeed here."

The second way of placing yourself in this Sacred Presence is to call to mind that God is not only present in the place where you are, but that He is very specially present in your heart and mind, which He kindles and inspires with His Holy Presence, abiding there as Heart of your heart, Spirit of your spirit. Just as the soul animates the whole body, and every member thereof, but abides especially in the heart, so God, while present everywhere, yet makes His special abode with our spirit. Therefore David calls Him "the Strength of my heart;" and Saint Paul said that in Him "we live and move and have our being. "Dwell upon this thought until you have kindled a great reverence within your heart for God Who is so closely present to you.

The third way is to dwell upon the thought of our Lord, Who in His Ascended Humanity looks down upon all men, but most particularly on all Christians, because they are His children; above all, on those who pray, over whose doings He keeps watch. Nor is this any mere imagination, it is very truth, and although we see Him not, He is looking down upon us. It was given to Saint Stephen in the hour of martyrdom thus to behold Him, and we may well say with the Bride of the Canticles, "He looketh forth at the windows, shewing Himself through the lattice."

The fourth way is simply to exercise your ordinary imagination, picturing the Saviour to yourself in His Sacred Humanity as if He were beside you just as we are wont to think of our friends, and fancy that we see or hear them at our side. But when the Blessed Sacrament of the Altar is there, then this Presence is no longer imaginary, but most real; and the sacred species are but as a veil from behind which the Present Saviour beholds and considers us, although we cannot see Him as He is.

Make use of one or other of these methods for placing yourself in the Presence of God before you begin to pray;--do not try to use them all at once, but take one at a time, and that briefly and simply.

St. Francis de Sales

**SAINT MICHAEL THE ARCHANGEL PARISH** extends a warm welcome to all visitors and new parishioners in the parish.

**CANDLEMAS:** The celebration of Candlemas originated in the late fifth century as a tribute to the light of God's glory that was manifested in Christ Jesus. During Candelaria, candles are blessed, lit, and borne in procession in celebration to Jesus being the light of the world. Bring as many candles as you want blessed and leave them in the sacristy. You must have your candles in by Sunday, January 29th. Candles will be blessed before Mass on February 2nd. You may pick up your candles after the Mass.

**FIRST FRIDAY** is February 3rd. **Eucharistic Adoration begins at 5:00 p.m.** and ends with Benediction at 5:40 p.m. We need adorers. Our Lord is waiting for you. God bless you.

**FIRST SATURDAY** is February 4th. Pray the Rosary, meditate for 15 minutes on the Mysteries, make sacramental confession and Communion in reparation for sins and blasphemies against Her Immaculate Heart.

**ALTAR BOYS:** Altar boy practice is scheduled for Saturday, February 4th. Everyone must attend.

**CONTRIBUTION STATEMENTS:** Contribution statements for 2016 were mailed out this week.

**Catholic Artwork by Mrs. Joan Bennett** will be set up and available for purchase in the church basement on **February 3rd and 4th** before and after Mass.

**Parish Game Night and Potluck:** Friday, February 17th following the 6:00pm Mass. Bring a dish to pass and a game to play. This event is sponsored by Juventutem and age is 16 and up. Sign up sheet in the vestibule.

**ROSARY ANNOUNCEMENT:** Please note that the rosary will be recited before the High Mass beginning at 9:50 am. Everyone is invited! Please remain in church after the rosary as Mass will begin momentarily afterwards.

**Mark Your Calendar**

**February 2** - Candle Mass

**February 3** - Blessing of throats in honor of St. Blaise

**FOURTH SUNDAY  
AFTER EPIPHANY**

**January 29th  
8:00 a.m. Mass**

**ACI** Timothy Sica  
**AC2** Peter Sica

**TEAM A**

**MC** Matthew Gillenkirk  
**TH** Patrick Seeley  
**AC1** Andrew Pheasant  
**AC2** Joseph Seeley  
**C** Brendan Seeley  
**S1** Sean Michelin  
**S2** Mathias Morris

**WEEK ONE**

**Monday** Patrick Schneider  
**7:45 a.m.**

**Tuesday** Sean Michelin  
**7:45 a.m.**

**Wednesday** Andrew Pheasant  
**7:45 a.m.**

**Thursday** Joseph Skuba  
**7:45 a.m.**

**FIFTH SUNDAY  
AFTER EPIPHANY**

**February 5th  
8:00 a.m. Mass**

**ACI** Dominic Gardner  
**AC2** Jack Gardner

**TEAM B**

**MC** Francis LaFata  
**TH** Stephen LaFata  
**AC1** Joseph Skuba  
**AC2** Sean Michelin  
**C** Brian LaFata  
**S1** John Skuba  
**S2** Patrick Schneider