# Saint Michael the Archangel Church

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# Sexagesima Sunday

February 23, 2014

Fr. José M. Zepeda, FSSP, Pastor

### Mass Intentions

Sun. Feb. 23rd Sexagesima Sunday, II Class 8:00 a.m. † Gabriel Testo - Frank Leo

10:15 a.m. Pro Populo

Mon. Feb. 24th St. Matthias, Apostle, II Class

7:45 a.m. Fr. Jose Zepeda, FSSP - Contaldi Family

Tues. Feb. 25th Votive Mass of the Holy Angels, IV Class 7:45 a.m. Special Intention - Mike & Nancy Emig

Wed. Feb. 26th Votive Mass of St. Joseph, *IV Class* 7:45 a.m. †Tom Martin - *McGoven Family* 

Thur. Feb. 27th St. Gabriel of Our Lady of Sorrows, Conf., III Class

7:45 a.m. † Vincent Lurati - Vincent & Jenn Cilia

Fri. Feb. 28th Votive Mass of the Holy Cross, *IV Class* 6:00 p.m. † Jayne M. Ritterbeck - *Robert McHale* 

Sat. Mar. 1st Immaculate Heart of Mary, III Class

9:00 a.m. Contaldi Children - Parents

Sun. Mar. 2nd Quinquagesima Sunday, II Class

8:00 a.m. Mary Dennehy - Patricia & Jack McGovern

10:15 a.m. Pro Populo

#### MASS SCHEDULE

Sunday

Low Mass: 8:00 am High Mass: 10:15 am

Weekdays

Monday-Thursday: 7:45 am

Friday: 6:00 pm Saturday: 9:00 am

CONFESSIONS

Monday-Saturday One half hour before Mass Sunday: 7:15-7:50

& 9:15-10:05

DEVOTIONS Exposition-Benediction

> Friday 5:00 pm Saturdays 8:00 am

DAILY ROSARY

Monday-Thursday — After Mass Friday-Sunday — Before Mass

**OFFICE HOURS** 

Mon-Friday 9 am-4 pm

THURSDAY - CLOSED

Saturday - 10 am-Noon

## Sexagesima Sunday

#### EPISTLE 2 Cor. 11, 19-23; 12, 1-9

Brethren, you gladly suffer the foolish; whereas yourselves are wise. For you suffer if a man bring you into bondage, if a man devour you, if a man take from you, if a man be lifted up, if a man strike you in the face. I speak according to dishonor, as if we had been weak in this part. Wherein if any man dare (I speak foolishly), I dare also, They are Hebrews; so am I. They are Israelites; so am I. They are the seed of Abraham; so am I. They are the ministers of Christ (I speak as one less wise); I am more: in many more labors, in prisons more frequently, in stripes above measure, in deaths often. Of the Jews five times did I receive forty stripes save one. Thrice was I beaten with rods; once I was stoned; thrice I suffered shipwreck; a night and a day I was in the depth of the sea. In journeying often, in perils of waters, in perils of robbers, in perils from my own nation, in perils from the gentiles, in perils in the city, in perils in the wilderness, in perils in the sea, in perils from false brethren. In labor and painfulness, in much watchings, in hunger and thirst, in fastings often, in cold and nakedness; besides those things which are without, my daily instance, the solicitude for all the churches. Who is weak, and I am not weak? Who is scandalized, and I am not on fire? If I must needs glory, I will glory of the things that concern my infirmity. The God and Father of Our Lord Jesus Christ, Who is blessed for ever, knoweth that I lie not. At Damascus the governor of the nation under Aretas the king, guarded the city of the Damascenes to apprehend me; and through a window in a basket was I let down by the wall, and so escaped his hands. If I must glory (it is not expedient indeed): but I will come to the visions and revelations of the Lord. I know a man in Christ above fourteen years ago (whether in the body, I know not, or out of the body, I know not; God knoweth): such an one rapt even to the third heaven. And I know such a man (whether in the body, or out of the body, I cannot tell; God knoweth); that he was caught up into paradise; and heard secret words, which it is not granted to man to utter. For such an one I will glory; but for myself I will glory nothing, but in my infirmities. For though I should have a mind to glory, I shall not be foolish; for I will say the truth. But I forbear, lest any man should think of me above that which he seeth in me, or anything he heareth from me. And lest the greatness of the revelations should exalt me, there was given me a sting of my flesh, an angel of Satan, to buffet me. For which thing thrice I besought the Lord, that it might depart from me. And He said to me, My grace is sufficient for thee; for power is made perfect in infirmity. Gladly therefore will I glory in my infirmities, that the power of Christ may dwell in me.

#### GOSPEL Luke 8, 4-15

At that time, when a very great multitude was gathered together and hastened out of the cities unto Him, He spoke by a similitude; The sower went out to sow his seed. And as he sowed, some fell by the wayside; and it was trodden down, and the fowls of the air devoured it. And other some fell upon a rock; and as soon as it was sprung up, it withered away, because it had no moisture. And other some fell among thorns; and the thorns growing up with it, choked it. And other some fell upon good ground; and being spring up, yielded fruit a hundred fold. Saying these things, He cried out, He that hath ears to hear, let him hear. And His disciples asked Him what this parable might be. To whom He said, To you it is given to know the mystery of the kingdom of God, but to the rest in parables; that seeing they may not see, and hearing may not understand. Now the parable is this: The seed is the word of God. And they by the wayside are they that hear; then the devil cometh, and taketh the word out of their heart, lest believing they should be saved. Not they upon the rock are they who when they hear, receive the word with joy; and these have no roots, for they believe for a while, and in time of temptation they fall away. And that which fell among thorns are they who have heard, and going their way, are choked with the cares and riches and pleasures of this life, and yield no fruit. But that on the good ground are they who in a good and very good heart, hearing the word, keep it and bring forth fruit in patience.

# TRADITIONAL LAWS OF FAST AND ABSTINENCE

- **ABSTINENCE** applies to all from their seventh birthday onward, and is of two kinds:
- Complete Abstinence, which forbids the eating of meat, and soup or gravy made from meat.
- Partial Abstinence, which permits meat, and soup or gravy made from meat, to be eaten only once a day, at the principal meal.
- FASTING is for those from ages 18 to 59. On days of Fast, one full meal is allowed. Two other small meals without meat, sufficient to maintain strength, may be taken in accordance to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and fruit juices, are allowed.
- When health or ability to work would be seriously affected, the law does not oblige. In doubt concerning fast or abstinence, a parish priest or confessor should be consulted.
- . There is no obligation for FAST or ABSTINENCE on a Holy Day of Obligation, even though it may fall on a Friday.
- 5. The Traditional Penitential days are:
- Complete Abstinence on all Fridays, Ash Wednesday, Holy Saturday, the Vigil of the Assumption, and the Vigil of Christmas.
- Partial Abstinence on Ember Wednesdays, Ember Saturdays, and the Vigil of Pentecost.
- Fasting is on the weekdays of Lent, Ember Days, the Vigil of Pentecost, the Vigil of the Assumption, and the Vigil of Christmas.
- The fast and Abstinence for the Vigil of Christmas (Dec. 24) may instead be observed on Dec. 23.

# CURRENT LAWS OF FAST AND ABSTINENCE

- 1. **ABSTINENCE** binds all who have celebrated their fourteenth birthday. On days of Abstinence, no meat is allowed.
- 2. FASTING binds all over 18 and under 59 years of age. On days of Fast, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken in accordance to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and fruit juices, are allowed.
- 3. When health or ability to work would be seriously affected, the law does not oblige. When in doubt concerning Fast and Abstinence, a parish priest or confessor should be consulted.
- 4. There is no obligation for FAST or ABSTINENCE on a Holy Day of Obligation, even though it may fall on a Friday.
- 5. Current required Penitential days are:
- Ash Wednesday is a day of Fast and Abstinence;
- All Fridays of Lent are days of Abstinence;
- Good Friday is a day of Fast and Abstinence;

These current regulations bind all Catholics of the Latin Rite. However, a Catholic may, if he wishes, observe the traditional regulations in a spirit of penance, mortification, and reparation. But we must always remember that the Church today has granted more freedom to Catholics to choose exactly how they will observe the Lenten season of penance. Although fasting is highly recommended, as it always has been, we must remember that the spirit of Lent is not one of pharisaical observance, but of true penance and reparation for our sins, and that a fast done in a spirit of pride is an abomination to the Lord. (Is. 58:3-9, Mt. 6:16-21)

**THANKS** to Father James Gordon, FSSP, for covering for Fr. Zepeda during his absence.

#### **ASH WEDNESDAY IS MARCH 5th**

Mass will be at 7:00 a.m. and 6:00 p.m.

STATIONS OF THE CROSS begin Friday, March 7th, at 5:00 p.m. followed by Mass at 6:00 p.m., concluding with the Rosary. As a reminder confessions will be heard from 4:30 p.m. to 5 p.m.

FIRST SATURDAY is March 1st. Please pray the Rosary, meditate for 15 minutes on the Mysteries, make sacramental confession and Communion in reparation for sins and blasphemies against Her Immaculate Heart. Exposition of the Blessed Sacrament begins at 8:00 a.m. and ends with Benediction at 8:45 a.m.

**FIRST FRIDAY** is March 7th. In lieu of the Stations of the Cross each Friday during Lent, there will be no Adoration of the Blessed Sacrament until Lent is passed.

**REMINDER:** The season of Septuagesimsa is a preparation for the season of Lent.

The Law of the Eucharistic Fast: Current Legislation. Under the New Code of Canon Law, the fast for Holy Communion is one hour before the reception of the Holy Eucharist. Those who are able to maintain the previous discipline of the three-hour fast are still encouraged to do so.

**TALENT SHOW 2014:** This year's Talent Show will be after Lent. More information will be posted in the upcoming weeks.

Please do not place any literature of any kind in the Church, vestibule or downstairs without the express permission of Fr. Zepeda. Thank you.

**COLLECTION:** February 16 - \$1,874.00.

# Altar Boy Schedule

SEXAGESIMA SUNDAY			QUINQUAGESIMA SUNDA		
February 23rd 8:00 a.m. Mass		WEEK THREE		<u>March 2nd</u> 8:00 a.m. Mass	
ACI	Dominic Gardner	Monday	Joseph Schneider	ACI	Joseph Schneider
AC2	Jack Gardner	7:45 a.m.	Patrick Schneider	AC2	Patrick Schneider
	TEAM B	Tuesday	Robert Seeley		TEAM C
MC	Andrew Mitchell	7:45 a.m.	Patrick Seeley	MC	Justin LaFata
TH	Anthony Mitchell		,	TH	Robert Seeley
AC1	Matthew Davidson	Wednesday	Dominic Gardner	AC1	Dominic Gardner
AC2	Joshua Sica	7:45 a.m.	Jack Gardner	AC2	Francis LaFata
C	Timothy Sica			C	Timothy Emig
<b>S</b> 1	John Mitchell	Thursday		<b>S</b> 1	Brendan Seeley
<b>S2</b>	Brian LaFata	7:45 a.m.		<b>S2</b>	Michael Gardner
<b>S3</b>	Francis LaFata			<b>S3</b>	Jack Gardner
<b>S4</b>	Stephen LaFata			<b>S4</b>	Stephen LaFata